



### SUMMER EXTRA MURAL PROGRAM 2019

Sport	Monday	Tuesday	Wednesday	Thursday	Friday
Athletics		14:30-16:00		14:30-16:00	
Badminton	14:30-16:00			14:30-16:00	
Cricket	14:30-16:00 14A/B 1 <sup>st</sup> 14:30-16:00 Skills Girls Matches	14:30-16:00 1 <sup>st</sup> , 2 <sup>nd</sup> , 15A Nets 14A/B, 15B Matches	14:30-16:00 14A/B 1 <sup>st</sup> , 2 <sup>nd</sup> , 15A Matches Girls ??	14:30-16:00 2 <sup>nd</sup> , 15A nets 14:30-16:00 1 <sup>st</sup> Middle 14:30-16:30 Girls nets	
Golf	Matches				Practice 14:30-16:00
Squash	14:45-16:00 Social Boys and Girls	14:45-16:00 Social Boys and Girls	14:45-16:00 1 <sup>st</sup> Boys & Girls Squad	14:30-16:00 1 <sup>st</sup> Boys & Girls Squad	
Swimming	15:45- 16:30 (Primary school)			15:30-16:30 (Primary School)	
Tennis	14:15-15:45 All Senior	14:30-15:30 All Junior	14:15-15:45 All Senior	14:30-15:30 All Junior	
Water Polo	05:30-07:00 Morning Training (1 <sup>st</sup> Teams)  14:00-15:30 1 <sup>st</sup> /Senior girls  15:30-17:00 Junior Boys  17:00-18:00 Junior Girls	05:30-07:30 Morning Training (1 <sup>st</sup> Teams)  14:00-15:00 Primary School  15:00-16:30 Junior Girls  16:30-18:00 1 <sup>st</sup> /Senior Boys  18:00-20:00 1 <sup>st</sup> /Senior Girls	05:30-07:00 Morning Training (1 <sup>st</sup> Teams)  13:00-15:00 Primary school  15:00-16:00 1 <sup>st</sup> /Senior boys  16:00-17:00 1 <sup>st</sup> /Senior Girls	05:30-07:00 Morning Training (1 <sup>st</sup> Teams)  14:00-15:30 1 <sup>st</sup> /Senior Boys  15:30-17:00 Junior Girls  17:00-18:00 Junior Boys  18:00-20:00 1 <sup>st</sup> /Senior Girls	05:30-07:00 Morning Training (1 <sup>st</sup> Teams)  13:00-15:00 Primary school  15:00-16:30 Junior Boys
Biathlon/ Multisport/ X-Country		14:15-15:30 Running		14:15-15:30 Running	

<b>Extra Mural</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Band	19:00-20:30 Big Band 16:30-18:00 Intermediate	19:00-20:30 Big Band			14:30-15:30 Big Band 14:30-15:30 Junior
Eco Club			14:15-15:45 (Rm 151)		
Drama Club	14:15-15:15		14:15-15:15		
Choir		14:30-16:30 Chamber		15:30-17:30 School Choir	
Chess			14:15-15:00		
Debating	14:15-15:30		14:15-15:30		